



Chikitsak Samuha's  
Sir Sitaram & Lady Shantabai Patkar College of Arts & Science  
AND V.P.Varde College of Commerce & Economics

S. V. ROAD, GOREGAON (WEST), MUMBAI-400 104  
(AN AUTONOMOUS COLLEGE AFFILIATED TO  
UNIVERSITY OF MUMBAI)

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# WEEKEND CHRONICLE

WINDOW TO YOUR  
KNOWLEDGE



AN INITIATIVE BY  
B.M.S DEPARTMENT

MAIL ID:- [bmseperiodical@gmail.com](mailto:bmseperiodical@gmail.com)



## **A MESSAGE FROM CHIEF EDUCATION OFFICER'S DESK**

**Dear Readers,**

"Develop a passion for learning. If you do, you will never cease to grow". We live today in a world that is so very different from the one we grew up in, the one we were educated in. The world today is moving at such an enhanced rate and we as educationalists need to pause and reflect on the entire system of education. On-line learning provides new age technology to widen the educational scope. It prepares students to succeed in an increasingly technology driven-global economy. Technology makes life much easier, most of all it saves time and energy. It is one of the fastest growing field right now and there is no sign of stopping anytime soon.

It is indeed a great moment for all of us to bring forth this weekly E-periodical "Weekend Chronicle". We are sure this E-periodical will help to acquire knowledge and skills, build character and enhance employability of our young talented students to become globally competent. There is something for everyone here, right from the fields of Business, Academics, Travel and Tourism, Science and Technology, Media and lot more . The variety and creativity of the articles in the e-periodical will surely add on to the knowledge of the readers. I am sure that the positive attitude, hard work, continued efforts and innovative ideas exhibited by our students will surely stir the mind of the readers and take them to the fantastic world of joy and pleasure.

**Dr . Mala Kharkar  
Chief Education Officer  
(Patkar Varde College)**



## **A MESSAGE FROM THE PRINCIPAL'S DESK**

**Dear Readers,**

**As we know,"An investment in knowledge pays the best interest."**

**Hence in this regard the E-Periodical Weekend Chronicle is playing a vital role in providing a platform to enhance the creative minds of our students of BMS department.**

**The E-Periodical i.e online magazine drives us through varied genres containing - News related to Global affairs under departments like Business, Advertisement, IT and Science & Nature to Intellectual news articles under Academics, Media and Library departments. It also covers articles related to Food & healthcare, Culture & Cuisine and Travel & Tourism which usually tops our "bucket-lists" including articles which address societal problems under department of Social Issues. Lastly covering words and vision of our talented students as budding poets, writers and thinkers under Student's section department.**

**Overall this vision of constructing E-Periodical by students will engage today's youth and the crafters of the youth (teachers) in their communities which is the necessity to overcome hurdles of present reality. We will strive to make a better world through our acts and thoughts. Rather it is a challenge to be met!!!**

**Dr. Shrikant B Sawant  
Principal  
(Patkar Varde College)**

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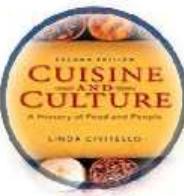
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## BUSINESS

## STARTUP IN MUMBAI

Seven Mumbai startups that are disrupting diverse sectors with their tech solutions Edtech, logistics, enabling defence, and detecting fake news, these Mumbai startups are addressing different problems with innovative answers.

By Sindhu Kashyaap, Sep 1, 2019 11 claps 36+ shares 00  
For every failed startup like Tinyowl, Doormint, or Housing, there are successful ones too -online ticketing platform BookMyShow, edtech startup Toppr, e-pharma startup Pharmaeasy, RevFin and AI-chatbot startup Haptik, in which Reliance Industries recently picked up a majority stake.

## Startups in Mumbai

Yeh hai Mumbai meri jaan—there's always a silver lining for startups here. Apart from these, there are several upcoming startups in the city. A few of the startups in Mumbai to watch out for are:

## 1) Board Infinity

Founded in 2017 by Abhay Gupta and Sumesh Nair, Board Infinity uses funds in improving technology platforms and expanding its current learner base in Tier II and III cities. The startup recently raised a seed funding of Rs 2.2 crore from a clutch of angel investors. The Mumbai-based startup is reported to have said that it will use the funds in improving the technology platform.

## 2. Skillmatics

Skillmatics develops educational products and games that are designed to help children build core skills, through systematic play. According to Founder Dhvanil Sheth, its innovative offerings range from math and language to science and logic



## MUMBAI STARTUP ECOSYSTEM

Mumbai startups that are disrupting diverse sectors with their tech solutions

## Jio Platforms receives over Rs 30,362 crore from four investors.

MUMBAI: Jio Platforms has received all the approvals for its stake sales to L Catterton, PIF, Silver Lake and General Atlantic Singapore, and has got a total of Rs 30,362.43 crore for 6.13% stake.

"We hereby inform that, after receipt of all requisite approvals, Jio Platforms Limited, a subsidiary of the Company, received the subscription amounts from the following investors and allotted equity shares to them," said the company in a later Friday night statement . Jio Platforms houses RIL's telecom business under Reliance Jio Infocomm, the largest in the country with nearly 400 million subscribers, besides other digital properties and investments. So far , 11 global investors that are buying a total 25.09% stake in Jio Platforms for Rs 1.18 lakh crore. These investments, along with Rs 53,124 crore from a rights issue, are helping RIL achieve its aim of becoming net debt free.

## 3) Transport Hub

The Transport Hub (TTH) is a startup which uses IoT in logistics. Bootstrapped with the founder's investment of about Rs 2 crore, The Transport Hub (TTH) claims to be the country's first fully automated transport aggregator. Its Founder-CEO Rohit Chaturvedi is a technology and logistics expert with over 18 years of experience at companies, including KPMG, AF Ferguson, and Deloitte and CRISIL.

## 4) Oto Capital

Mumbai-based Oto Capital is showing Indians that leasing cars is cheaper than owning them. Oto enables vehicle ownership in a new way with flexible usage terms. The user pays for a car with a low, all-in, month-to-month payment, only for the number of years they use the car.

## 5) Toch

Founded in 2016 by Vinayak Shrivastav, Alok Patil, and Saket Dandotia, Toch is an ecommerce and social media platform. It uses artificial intelligence (AI) and deep learning technology to detect objects, people, emotion, location, and activity seen in the video content in real-time.

## 6. Infratech - (Bhonga)

Founded by Radhika Agarwal in March this year, Bhonga (it translates into "loudspeaker" in Marathi) is an app that aims to be a loudspeaker that "takes your voice to the people around you." Run and owned by Linkus Infratech, Bhonga employs retired soldiers from the Army, Air Force, and Navy to guide citizens through emergencies of any kind.

## 7) Unfound News

Founded in 2017 by husband-and-wife duo, Ankur Pandey and Anushree Bishnoi, Unfound News is an intelligent news insights app that aims to provide diverse perspectives to news and offer appropriate context. It helps users understand and consume relevant content and news stories.

-Rohan Mane  
(NEWSCASTER)  
Ref:- (yourstory.com)

Besides Facebook, other 10 investors include Abu Dhabi's two largest sovereign investment arms, Abu Dhabi Investment Authority and Mubadala, along with private equity firms Silver Lake, Vista Equity Partners, General Atlantic, KKR, TPG, L Catterton, Saudi Arabia's Public Investment Fund (PIF) and Intel Capital

-Rohit Pawar  
(NEWSCASTER)  
Ref:-(economicstimes.indiatimes.com)



**ADVERTISEMENT****WHATSAPP LAUNCHES 'IT'S BETWEEN YOU' BRAND CAMPAIGN IN INDIA**

WhatsApp collaborated with Bollywood director Gauri Shinde along with BBDO India to create two 60-second ads that highlight how its features like texts, video calls or even a voice message help replicate in-person conversations, it said in a statement.

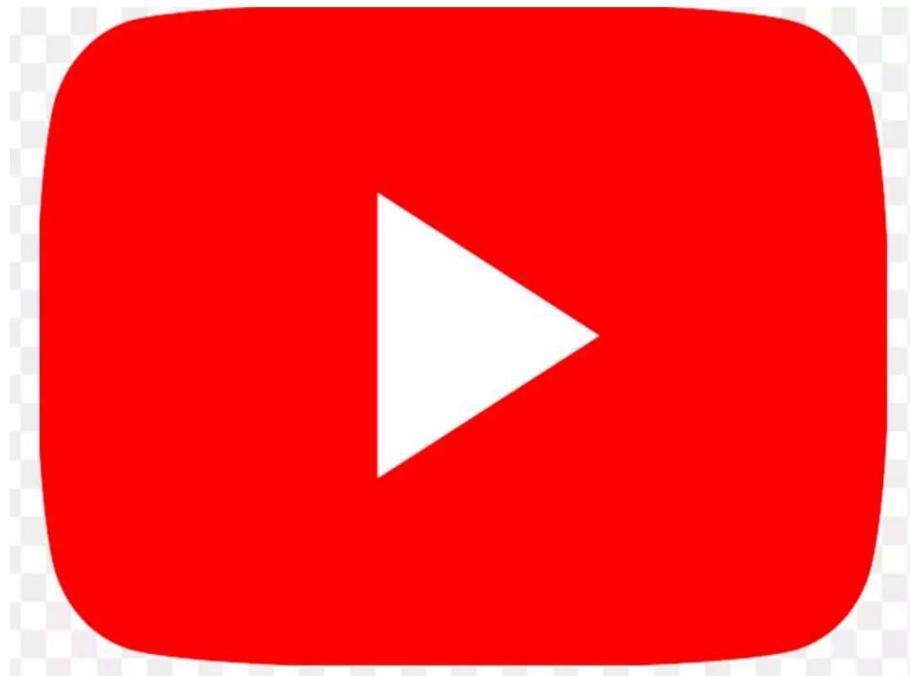
WhatsApp on July 4 said it is launching its 'It's Between You' brand campaign in the country showcasing stories about how Indians are using the Facebook-owned platform to communicate in a secure manner.

With over 400 million users, India is among the biggest markets for WhatsApp. "The campaign narrates real stories about how Indians communicate daily on WhatsApp with their closest relationships. When privacy is deeply felt, relationships feel more intimate and real..."

"WhatsApp continues to serve as a crucial lifeline for people relying on the platform to intimately communicate with their friends and family while separated across long distances," Facebook India's Director - Marketing Avinash Pant told PTI.

One of the ads features an elderly woman and her caregiver, while the second one is about two sisters. WhatsApp had run a similar campaign in Brazil earlier this year. Pant said the campaign in India will run for 10 weeks across India.

Sakshi Jadhav  
(NEWSCASTER)  
Ref:- (businesstoday.in)

**ADVERTISEMENT****YOUTUBE ADVERTISEMENTS 2020**

- With the COVID-19 pandemic disrupting life as we know it, a lot of the top ads were themed around spreading awareness about the disease, or motivating people to keep hope and do the right thing to fight the coronavirus....
- The YouTube Ads Leaderboard represents the Top 10 ads on YouTube in India that resonated most with audiences over the past month (April 2020) and recognizes the brands that performed best through a combination of popularity and promotion. A week after this article You Tube was going to present the ads that broke the clutter and made a mark in the viewer's mind.
- Smartphone brands which dominated the month with four top viewed ads on the platform were from a smartphone companies like:- Oppo ,Vivo, One plus and Realme India

Kshitija Chavan  
(NEWSCASTER)  
Ref:- (brandequity.economictimes.indiatimes.com)

**ADVERTISEMENT****Starbucks to pause paid advertising across social media**

It also said that though Starbucks is pausing advertising, it is not joining the "Stop Hate For Profit" boycott campaign, which kicked off earlier this month...

Starbucks Corp will pause advertising on all social media platforms as it explores the best ways to help stop the spread of hate speech, the company said in a statement on Sunday.

The company will "have discussions internally and with media partners and civil rights organizations to stop the spread of hate speech" the statement said.

A CNBC report on Sunday added that this social media pause by Starbucks will not include YouTube, which is owned by Alphabet Inc's Google. It will continue to post on social media without paid promotion.

Tushant Gupta  
(NEWSCASTER)  
Ref:-  
(brandequities.economictimes.indiatimes.com)



## INFORMATION &amp; TECHNOLOGY

## How much money tiktok used to earn in India?

India is undoubtedly an important market for ByteDance-owned TikTok as the China-based company has been aiming to cross Rs 100 crore in revenues this year. But the government's ban on the video-sharing platform along with 58 other Chinese apps has played a dampener. When the app was briefly banned last year over allegations of pornography on the platform, ByteDance told the Supreme Court (SC) that the ban cost it roughly \$15 million a month, according to Reuters. TikTok saw around 2 billion downloads in April on Google and Apple play stores put together, out of which over 30% came from India. The video platform clocked in a profit of Rs 3.4 crore (\$479,000) on revenue of Rs 43.7 crore in its first full year of operations in India in FY19, as per Ministry of Corporate (MCA) filings. Around 5% of the total revenue, approximately Rs 2.16 crore was earned from the advertising sales, and rest 95% came from service fees collected from TikTok Singapore during FY19. ByteDance spent the most, Rs 13 crore, towards advertising and content expenses.

TikTok's journey so far has been far from rosy in India - both in overcoming regulatory hurdles and making profit. Although India constitutes TikTok's largest user base, the country is not on the list of top revenue generators for ByteDance, the Chinese firm that owns TikTok.

Tiktok which was banned by the government of India to ensure user's data would not be sent in hands of foreign rulers and other potential data leaks as it was acting as alleged spyware for certain foreign rulers. Tiktok had earned 3.4 crore in Financial year 2019-20 as reported by Ministry of corporate affairs, it is estimated that bytedance its parent company will have a loss of 6 billion US dollar as result of this move.

Nihar Mane  
(NEWSCASTER)  
Ref:- (businessstoday.in)



## Serious warning issued for million of google gmail users

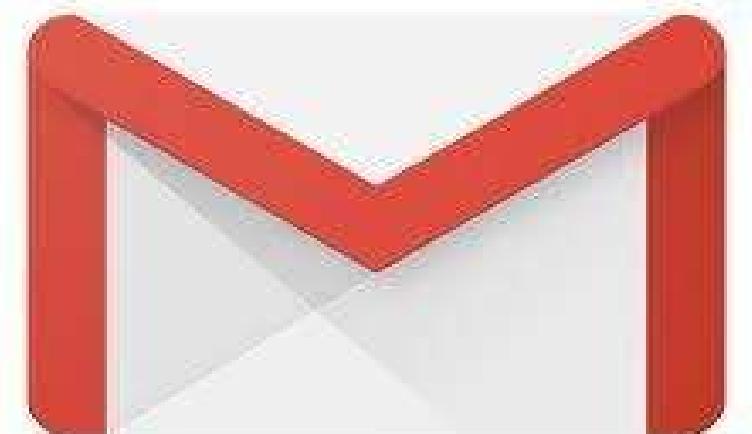
As Gmail launched on April 1, Sundar Pichai, the current CEO of the company, thought that it was nothing but an April Fools' Day prank. More interestingly, Pichai, who has grown through the ranks over the years, had also interviewed for the company on the same day, CNET reported. So, we can say, both Pichai and Gmail started with Google on the same day!

Google has integrated various machine learning features in its Gmail service. The all-new smart reply feature allows users to quickly draft and send responses to emails. Apart from predictive typing and searches, machine learning has also played a key role in blocking spam messages. Earlier this year, Google revealed that it blocked 100 million spam emails using its machine learning algorithm.

While Google has dropped some Chrome bombshells in recent weeks, Gmail users have had a tougher time. And it just got a lot worse, Picked up by the always-excellent Android Police, Gmail appears to be suffering from a widespread problem with its email filters which is causing potentially dangerous, exploitative and NSFW messages to be sent directly to users' in boxes. Furthermore, while Google has recently recognized Gmail problems "affecting a significant subset of users" it now lists the service as fully operational, when one look at Reddit or Twitter makes it clear this is far from the case.

For the tech savvy, a flurry of spam hitting your inbox is something which can be navigated. But everyday users could be caught out by some of the more sophisticated malware and exploitation strategies these emails can contain. After all, there's a reason Gmail (usually) works so hard to keep these messages from your inbox. Many issues are cropping up for million of gmail users like spam filters shutting down leading to spam mails being sent on primary mails, additionally users are being spammed with certain 'NSWF' mail. Google states that "During this time, scans to filter malware and the most egregious spam and harmful content remained fully operational."

Gmail has become an important part of an individual's life whether it's a student or working professional, having a gmail account has become mandatory for everyone. But one major issue with it is spam mails which are very irritating to handle and could be avoided with spam features provided by the Google, parent company of Gmail. Shutting down of spam filter in recent past is leading to spam mails in primary inbox and exposing million google gmail users to malware and other harmful viruses.



### FUN FACT

While some people consider it to be a myth and others call it fact, many say that the web address Gmail.com was originally owned by Jim Davis. That means the site, instead of being a multifunctional communication platform, might have once been a webmail service for fans of the fattest cat in comics.

Nihar Mane  
(NEWSCASTER)  
Ref:- (forbes.com)

## SCIENCE AND NATURE

## THE SCIENCE OF THE FUTURE: ESTABLISHING A CITIZEN-SCIENTIST COLLABORATIVE AGENDA AFTER COVID-19

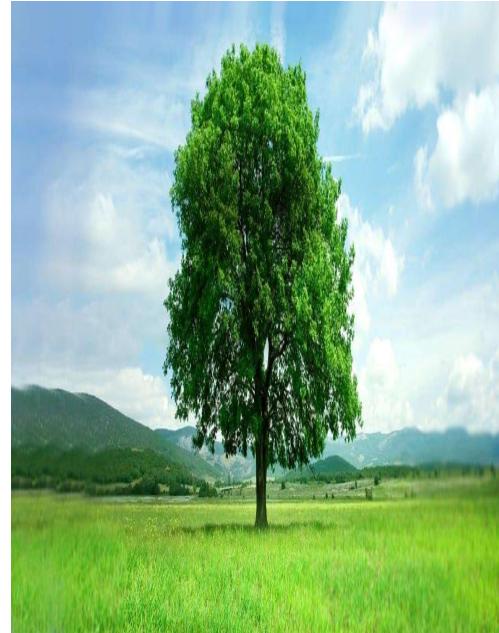
Of course, science represents the best product of human cultural evolution. And still it is the kind of knowledge we can rely on to cope with this unprecedented worldwide healthcare emergency. Notwithstanding the scientific field is now at an historical turning point that should not be underestimated. Researches now have the opportunity to redefine the relationship with the society. In environmental health, citizen science informs research questions, data collection and analysis and conclusions that can impact the quality of life in local environment.

The active citizens participation in large scale genome projects can empower even marginalized groups and minorities in shaping scientific inquiry through participation. The distributed data availability of smart devices catalyze the potentials of citizen-driven data for many different scientific fields, from public health to biology, from physics to ecology.

Mansi P Sikchi  
(NEWSCASTER)  
Ref:- ([frontiersin.org](http://frontiersin.org))

## Fun Fact:

Strange but true - there are 12 times more trees on Earth than stars in the Milky Way!

**Weightlessness Training:-**

Short-term weightlessness training aboard aircraft to enhance crew skills and sense of orientation in weightlessness environment.

**Gravitational Centrifugal:-**

This is to attune space crew's central nervous system to tolerate high gravitational effect experienced during the flight.

**ISRO's Future Missions:-**

ISRO had planned launch of some major missions in next one year, with Gaganyaan-1 aimed by end of this year. Solar spacecraft Aditya and Chandrayaan-3 were also major missions scheduled by 2021.

Parab Disha Rajendra  
(NEWSCASTER)  
Ref:- ([financialexpress.com](http://financialexpress.com))

**Did you know,** ISRO's 104 satellite launch is the highest number launched in a single mission. Earlier, the Russian space agency had launched 37 satellites in one go in 2014. The satellites were released in rapid-fire fashion every few seconds from a single rocket as it traveled at 17,000 miles an hour. The launch was high-risk because satellites could collide with one another if ejected into the wrong path. Of the 104 satellites, three are Indian and 101 foreign. 714 kg Cartosat-2 was the main cargo; 103 smaller "nano satellites" weighed a combined 664 kg. 88 "Doves" weighing around 5kgs each from Planet. Nano sats from countries like Israel, Kazakhstan, The Netherlands, Switzerland and UAE.

## SCIENCE AND NATURE

## ISRO's Gaganyaan: COVID-19 interrupts future

The training of the four Indian Air Force (IAF) pilots who are in Russia for 11 months of advance training for the Gaganyaan Human Mission has been put on hold due to lockdown due to global pandemic of COVID-19. The mission is expected to be launched in 2022 from India and is likely to carry these astronauts into low earth orbit in Space.

Crew training and Gaganyaan's systems testing are two most critical activities listed for Indian Space Research Organisation (ISRO) this year. This was announced by the ISRO chairman K Sivan during a media interaction earlier this year. Government Focus. With the focus of the government on funding fight against COVID-19 pandemic, all strategic projects are likely to have budget restrictions.



## ACADEMICS

## NEWTON'S LAW OF GETTING STUFF DONE

What most people don't know, however, is that Newton's three laws of motion can be used as an interesting analogy for increasing your productivity, simplifying your work, and improving your life.

**FIRST LAW: THINGS STAY THE SAME WITHOUT EXTERNAL FORCES:** An object either remains at rest or continues to move at a constant velocity, unless acted upon by an external force.

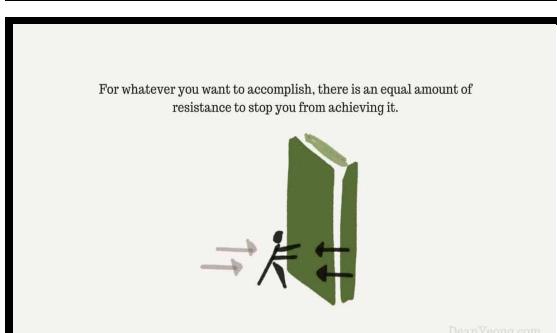
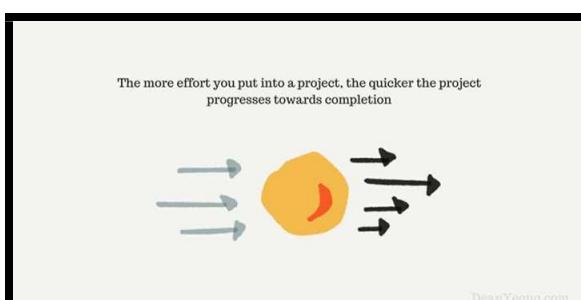
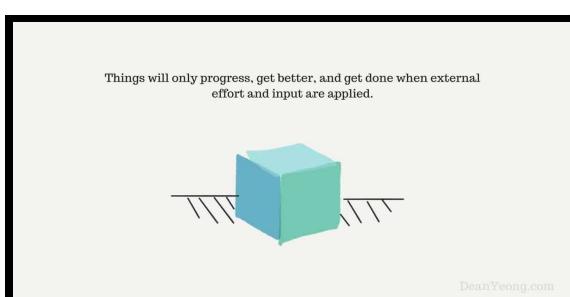
We can simply get started on a task or goal, taking the next steps is much easier. But this is easier said than done because most times we struggle to overcome procrastination, get started and follow through on our plans.

**SECOND LAW: THE BIGGER THE FORCE, THE FASTER THINGS PROGRESS:**

The vector sum of the forces on an object is equal to the mass of that object multiplied by the acceleration vector of the object. It basically means the more effort you put into a project, the quicker the project progresses towards completion.

**THIRD LAW: RESISTANCE INCREASES WITH COMPLEXITY:** When one body exerts a force on a second body, the second body simultaneously exerts a force equal in magnitude and opposite in direction on the first body. Focus on taking small steps consistently at a sustainable pace. Growth doesn't happen overnight, but rather the result of accumulating marginal improvement over time.

Vishakha Gaikwad  
(NEWSCASTER)  
Ref:- (deanyeong.com)



## ACADEMICS

## Arts

Art is a diverse range of human activities in creating visual, auditory or performing artifacts (artworks), expressing the author's imaginative, conceptual ideas, or technical skill, intended to be appreciated for their beauty or emotional power. Other activities related to the production of works of art include the criticism of art, and the study of the history of art.

The three classical branches of visual art are painting, sculpture and architecture. Music, theatre, film, dance, and other performing arts, as well as literature and other media such as interactive media, are included in a broader definition of the arts. Until the 17th century, art referred to any skill or mastery and was not differentiated from crafts or sciences. In modern usage after the 17th century, where aesthetic considerations are paramount, the fine arts are separated and distinguished from acquired skills in general, such as the decorative or applied arts.

Though there is no generally agreed definition of what constitutes art, and has changed over time, general descriptions mention an idea of imaginative or technical skill stemming from human agency and creation. The nature of art and related concepts, such as creativity and interpretation, are explored in a branch of philosophy known as aesthetics.

### Skill and craft

There is an understanding that is reached with the material as a result of handling it, which facilitates one's thought processes. A common view is that the epithet "art" particular in its elevated sense, requires a certain level of creative expertise by the artist, whether this be a demonstration of technical ability, an originality in stylistic approach, or a combination of these two. Traditionally skill of execution was viewed as a quality inseparable from art and thus necessary for its success; for Leonardo da Vinci, art, neither more nor less than his other endeavors, was a manifestation of skill. Rembrandt's work, now praised for its ephemeral virtues, was most admired by his contemporaries for its virtuosity. At the turn of the 20th century, the adroit performances of John Singer Sargent were alternately admired and viewed with skepticism for their manual fluency, yet at nearly the same time the artist who would become the era's most recognized and peripatetic iconoclast, Pablo Picasso, was completing a traditional academic training at which he excelled.

Kapil Pandey  
(NEWSCASTER)  
Ref:- (Wikipedia.org)

## MEDIA

## TWITTER IS GUIDING PEOPLE TO TAKE ACTION AGAINST RACIAL INEQUALITY.

• Learn. Ask. Show up. Speak up. These are the golden rules that Twitter provides on how to act and respond to the racial inequality prevailing in the society. According to Twitter, the first step is to “understand the historical and structural contexts that have led to racism and discrimination that are so ingrained in society.

• To help with that, Twitter also shared resources like ‘Anti-Racism Resource Guide’, ‘How to be an Anti-Racist’, and a few others. Twitter advises people to speak up and “address anti-Black sentiments when you see them and discuss the violence and injustice that Black communities face” with friends and family, in meetings, and on social media. It’s important we stand up for what’s right and there’s no time like the present..

• Developing an understanding of the systemic processes that have lead to the current state is key in gaining true perspective on the #BlackLivesMatter movement, and the more people are educated on these elements, the better placed we’ll be to enact effective change in our systems. The clearest message coming out of the #BlackLivesMatter protests in the US is that we all need to take responsibility. Change can’t happen unless the majority of people respond to the call - but how can you do that? What can you do, within your personal or work life, that will help facilitate a shift?

Twitter also suggests that people consider donating to organizations fighting for racial justice and police reform to help further the cause. Twitter also advises people against re-sharing pictures and videos of violence perpetrated against Black people. “While we may want to increase awareness, such media can be triggering and retraumatizing.”

And importantly, Twitter has called on people to speak up.

-Anushka More

(NEWSCASTER)

Ref-(socialmediatoday)



## AI WILL NOT TAKE OUR JOBS

Rest assured, a robot is not going to take your job.

There are fears left and right that we will be left jobless and hopeless as super smart AI steals all of our jobs. Others actually paint this picture as the ultimate goal, enabling humans to live a life full of leisure. The truth is altogether somewhere in the middle.

Fact: AI is likely to create more jobs than it will destroy. Yes, AI will automate routine work, starting in lower-skilled areas with repeatable, measurable tasks. But research firm Gartner predicts that by 2020 AI will create more jobs than it will eliminate. Often in major periods of transition due to technology, temporary job loss will occur, but it will be followed by business transformation, growth, and hiring—and “AI is likely to follow this path.”

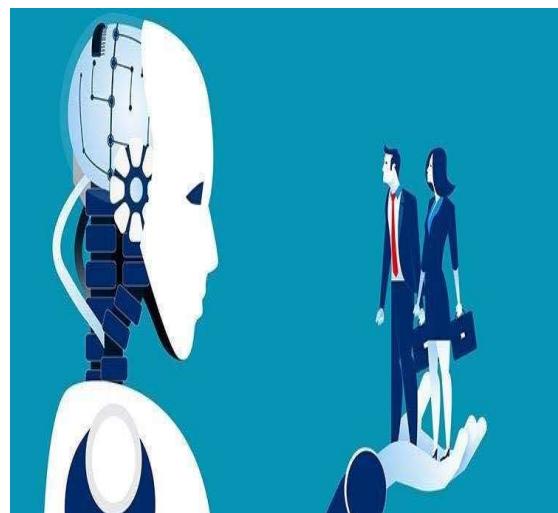
Gartner predicts that 1.8 million jobs will be lost, most notably in manufacturing industries. But they also estimate that 2.3 million jobs could be created in education, healthcare, and the public sector. These jobs will be opened up by growth in the industries. And coupling AI with human intelligence will enable a whole new set of opportunities.

Ultimately, AI automation is a reality, and some jobs will be lost. But what is being underestimated is what Gartner calls “AI augmentation,” the opportunity for AI to work alongside human professionals, enabling people to reduce repetitive tasks and be more productive. That will help reduce the time spent on tedious tasks and create more time for creative work.

Vedang Khopkar

(NEWSCASTER)

Ref:-(springboard.com)



## LIBRARY

**MANAGEMENT LESSONS FROM MAHABHARAT**

Mahabharata is one of the oldest and greatest epics of Hindu mythology that the world has ever witnessed. It revolves around the varied emotions and family relation that resulted in the battle among the Kauravas and Pandavas for conquering the throne of Hastinapura. The epic also holds great moral and ethical value that can inspire and teach the youth of our generation to move in the righteous direction to achieve their goals. The epic is filled with numerous incidents that can enrich and improvise the way in which people and organization function. Through this article, we aim to share with you those strategic incidents and tales that you can be implemented in your life and you could climb the ladder of success and prosperity.

**Here are some management lessons you get to learn from Mahabharata:****Lesson 1: Strategy and Leadership**

What is popularly seen as per the Mahabharata is Krishna emerging as a renowned strategist. In the battle Krishna ensures that he virtually leads the 7 divisions of Pandavas' army to a decisive win against the 11 divisions of Kauravas' army. It was Krishna who taught the skills of preparing the right strategy before venturing in the battlefield. He with his discourses kept on motivating Arjuna that he has to take on the role of the 'Leader' and fight against Kauravas.

**Lesson 2: Team Spirit**

This aspect is the pillar of the Mahabharata. Kauravas could not muster up the complete support that was necessary for winning the battle. All the great generals of Kauravas, including Bhima, Drona, Karna crusaded individual fights on the battlefield. However, Pandavas weaved one team that was directed by a single goal. All participated in decision making process and contributed their skills leading to a synergic effect.

**Lesson 3: Use the right model at the right time**

In the days of the Kurukshetra war Krishna let Ghatotkach die so that Karna would not be able to use his Shakti astra to kill Arjuna. Krishna let Abhimanyu die in violation of all laws decided for the war so that even the Pandavas could break the laws to kill Duryodhana, Karna and Drona. Ethically these moves were wrong, but they were necessary to win the terminal goal of the battle.

**Lesson 4: Excellence in Governance**

When Indrapastha (City of Indra) was built, Pandavas ruled in a fair and just manner. They did not drift from the path of righteousness .



There administration and management won the love and affection of their subjects. They ruled for thirty-six years on this path before falling prey to an unfair game of dice. It was this excellence in governance that eventually got lost and led to a heinous battle in Kurukshetra.

**Lesson 5: Passion is the best teacher**

Another prominent story about the devotion of 'Eklavya' the royal guru'Dronacharya' is a milestone to achieve for MBA aspirants. Eklavya was passionate about learning the art of archery, but his potential guru'Dronacharya' refused to teach him the skills. Therefore, he hid behind trees and watched him teach the art of archery to Pandavas and Kauravas. It is his passion that he learnt all the techniques of archery just by observing from far away without a teacher actually teaching him. Not just that, he becomes so good at it that Drona feels, he is actually better than (or at par with) Arjuna.

Yash Pedhamkar

(NEWSCASTER)

Ref;-( M.jagranjosh.com)

**IMPORTANCE OF HOLY BOOKS****What are holy books?**

Holy Books are the texts which people believe were authored by God through various prophets throughout humanity's history. All these books ,highlight belief, promulgated the code and laws that God ordained for those people. The life these books instructed to lead are considered as the ideal way of life. The major religions and their holy books- There are well over 4,000 different religions in the world today. While the number of living religions is staggering, nearly 75 percent of the population belongs to one of five religions: Christianity, Islam, Hinduism, Buddhism and Judaism. The holy book of Christianity is the Holy Bible. Muslims believe that the Quran is the complete and unaltered word of Allah. The text is free of human interpretations or mistakes and thus serves as the foundation for Muslim life. The holy book of Judaism is the Torah. The Torah is composed of the five books of Moses. The sacred texts that are definitively associated with Hinduism are all ancient. The Vedas and the bhagavad gita, the best known Hindu sacred texts, are some of the earliest religious texts in existence.

Buddhist "holy texts," however, are not from a traditionally divine figure. Instead, they are the teachings of the Buddha and his enlightened disciples. Among these books are the Tripitaka or Pali Canon

**The importance of these holy books-**

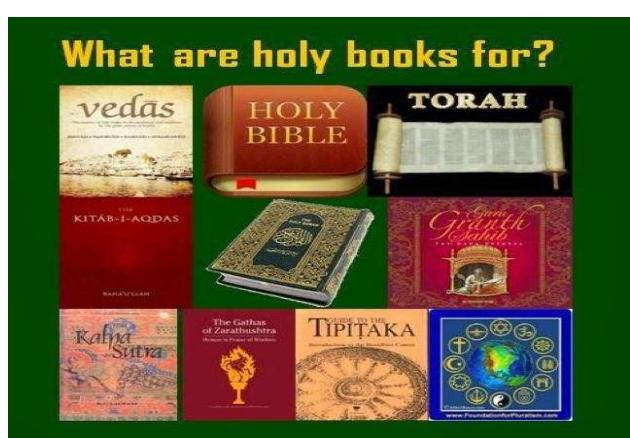
These religious literature are an ideal source of wisdom. These types of books cover many

primary topics ranging from economics to history to human relationship. To read and learn Holy texts makes kids wiser and this will aid them take strong decisions. We all know, with strong decisions, numerous other beneficial things happen. With spiritual knowledge, children are able to attain bright future and become decent in behavior. After reading Holy books, people can think in a positive way in which they become more ambitious. Holy literature are not only a great source of informative knowledge but, they are a useful source of creativity too. These texts include a lot of actual historical accounts. Learning these texts will provide kids an insight into historical moments and other human histories. Furthermore, the great thing about reading history of our religion is that it aids us avoid repetition of the same errors of the past. After getting to know about the various holy books of various religions and the importance these books have in our lives , we can conclude by saying that each of these books are beautiful and unique in their own way, they are a way of connecting to our glorious past and culture and to feel the knowledge and wisdom that has been passed down from generation to generation. We are truly lucky to have so many wonderful holy books which in their own different ways, encourage us to be better humans.

Ayushman Pnndey

(NEWSCASTER)

Ref;-( mynewdwsk.com,wikipedia.com,quara)



## FOOD AND HEALTH CARE

## EAT HEALTHY LIVE HEALTHY

**Eat fresh and unprocessed foods every day**

Eat fruits, vegetables, legumes (e.g. lentils, beans), nuts and whole grains (e.g. unprocessed maize, millet, oats, wheat, brown rice or starchy tubers or roots such as potato, yam, taro or cassava), and foods from animal sources (e.g. meat, fish, eggs and milk). Daily, eat: 2 cups of fruit (4 servings), 2.5 cups of vegetables (5 servings), 180 g of grains, and 160 g of meat and beans (red meat can be eaten 1–2 times per week, and poultry 2–3 times per week).

For snacks, choose raw vegetables and fresh fruit rather than foods that are high in sugar, fat or salt. Do not overcook vegetables and fruit as this can lead to the loss of important vitamins.

**Drink enough water every day**

Water is essential for life. It transports nutrients and compounds in blood, regulates your body temperature, gets rid of waste, and lubricates and cushions joints.

Drink 8–10 cups of water every day

**Must add in every meal**

Essential things like turmeric powder, ginger powder, lemon juice, cloves should be added to every meal which helps to increase immunity.

Aditya Cheulkar  
(NEWSCASTER)  
Ref;-([www.emro.who.int](http://www.emro.who.int))

**Food be thy medicine, thy medicine shall be thy Food**

**Introduction:** Nutrition-related chronic diseases are placing new demands on an already overburdened health care system, and taking their toll on human productivity and quality of life. It is a system misaligned with dietary guidelines. Moreover, the way our food is produced and distributed impacts our health and the environment in which we live.

**Body:** Hospitals and health systems have opportunities to help prevent these food-related health concerns by modelling good nutrition in their institutions and by influencing how food is produced and distributed. Through its food purchasing decisions, the U.S. health care industry can promote health by providing more fresh, good tasting, nutritious food choices for patients, staff, and the community. And by supporting food production that is local, humane, and protective of the environment and health, health care providers can help create food systems that promote the well being of the whole community.

**Conclusion:**

1.)Develop a program to promote and source from producers and processors which uphold the dignity of family, farmers, workers and their communities and support sustainable and humane agriculture systems.

2.)Educate and communicate within our system and with our patients and community about our nutritious, socially just and ecologically sustainable healthy food practices and procedures.

3.)Minimize and beneficially reuse food waste and support the use of food packaging and products that are ecologically protective

Akansha Bharadwaj  
(NEWSCASTER)  
Ref:- ([healthyfoodinhealthcare.org](http://healthyfoodinhealthcare.org))

## FOOD AND HEALTH CARE

*The top 6 healthiest food on earth*

Eating healthy has oodles of positive benefits - for the body and the mind alike. When we eat well we feel good, when we feel good we're happier, when we're happier we're more productive and the wonderful cycle continues.

**1. WALNUTS**

With more antioxidants than any other nut, walnuts are also brimming with Vitamin E, and rich in plant serums ,omega 3 oils, and healthy fats.

**EASY EATING TIP:**keep a supply in your bag for an easy, healthy snack on-the-go

**2. BEETS**

Good for the brain and skilled at lowering blood pressure, the humble beet is often overlooked as one of the healthiest foods on earth. The brightly-colored root vegetable is filled with folate, magnesium and Vitamin C.

**EASY EATING TIP:** Grate them into salads for a sweet, crunchy boost.

**3. AVOCADO**

Eating just one or two avocados a week gives you all the benefit of healthy monounsaturated fats,Vitamin B6 and loads of folate. Check with your local grocer to find out when this spreadable fruit is in season in your area.

**EASY EATING TIP:** On toast with salt and pepper, or a slice of cheese if you're that way inclined.

**4. RASPBERRIES**

Like most berries, raspberries are filled with antioxidants, to help keep the body healthy and free of disease. Fresh or frozen, they also provide Vitamin C, calcium and iron.

**EASY EATING TIP:** Sprinkle them on yogurt or porridge in the morning to start your day in a sweet and delicious way.

**5. LEMONS**

Often touted as the world's healthiest food, lemons have strong anti-inflammatory qualities and can help to inhibit the growth of cancer cells. They also have just as much Vitamin C as oranges.

**EASY EATING TIP:** Add a slice of lemon to your tea or water bottle to get healthy and hydrated at the same time.

**6. LENTILS**

Last but not least, this mighty legume is high in fiber and protein and adds great taste and texture to any meal. Vegans and vegetarians are often a fan of using lentils as a meat substitute in traditional recipes.

**EASY EATING TIPS:** Add to salads, soups and stews for some extra oomph.

Ankana Mitra  
(NEWSCASTER)  
Ref;-([www.goodnet.org](http://www.goodnet.org))

## CULTURE AND CUSINE

**THE CHOCOLATE RAMP****Are you a fan of chocolates and fashions alike?**

Then you must head to taste some high-quality chocolates produced in Ecuador and attend the Salon du Chocolate festival in Quito.

The festival lets you relish the taste of the finest of chocolates, and watch a fashion show with models wearing dresses made of chocolate. Ecuador has a rich history of creating scrumptious treats, thanks mostly to the abundance of flavoured cocoa beans in the country. This led to them producing more high-quality chocolate than any other nation in the world. All of this is celebrated during one delicious event —Salon de chocolate

The event brings together international chocolate experts and lasts throughout the weekend, offering up some of the most mouth-watering chocolate delicacies in the world for you to try. You're likely to put on a few pounds while you're there.

Visitors have the chance to sample numerous high-quality products and learn more about the chocolate industry through various workshops and lectures

People will be able to enjoy exclusive chocolate tastings from Ecuadorian producers both large and small, as well as seeing annual awards handed out, including for the prestigious chocolate sculpture competition - which has to be seen to be believed!



Swarangi Rane  
(Newscaster)

Ref:- (trazee travel,Culture trip, taste atlas)



## CULTURE AND CUSINE

**DELHI - BELLY**

Ever wondered why the capital of India-Delhi also called “Delhi-Belly”?

One thing you will find common in all the Delhiites is their love for food. Delhi's food culture is a mix of different traditions and cultures from the past. As people from different places came and settled in, the city acquired identity of all the types of people living in it.

All the rulers and emperors have left the taste of their food behind. The most famous being the Mughlai cuisines from the Mughal era.

Mughlai cuisines were preferred by the royal Mughal Emperors. The Mughlai cuisines are cooked in all parts of the country but the best cuisines are prepared in Delhi.

The Kebabs, one of the most famous Mughlai cuisines are preferred by a majority of people today. Originally, an Iranian dish, the kebabs found place in Middle East, South Asian and Turkish kitchens. Interestingly, according to Arabic traditions the medieval Persian soldiers invented the kebabs by grilling meat over open field fires, using their swords. Famous traveller, Marco Polo recalls that kebabs were served during the Delhi Sultanate and was enjoyed by the royalty and commoners alike. Some of the famous Kebabs are Boti Kebab, Shami Kebab, Kathi Kebab etc Another Mughlai cuisine, Nihari, which was prepared in the royal kitchens of the Mughals for breakfast is now a popular dish among the people of all the classes. Biryani, a meat based dish was a favorite of the Mughal emperors and is enjoyed all over India today. Chaat is the term used to describe the street foods. Delhi serves us with a variety of street foods and Chandni Chowk is known as the Street Food Capital of Delhi.

The narrow streets of Old Delhi is very famous for its chaats. The shops in these areas have been there since ages. Some of the famous shops are:

Natraj Dahi Bhalla, started in 1940 serves mouth watering dahi bhalla which are deep fried vadas put in water and later transferred to thick beaten yoghurts.

Shri Balaji Chaat Bhandar serves us with gol gappas and Bara Batashewala serves us with Batasha's which are similar to the gol gappas. Jung Bahadur Kachori Wala was started in 1971 and today it serves with a variety of kachoris such as dry fruit kachori, dal kachori, matar kachori etc.

Old Famous Jalebi Wala has been around since 1884. The founder of this shop is known to have experimented with many recipes before deciding on the final one.

Delhi's food culture is a mixture of its past, different cultures and traditions. Also, Delhi today has come to embrace the best of the international cuisines. So there is no trouble in finding Italian, Chinese, Thai and American restaurants.

**Still wonder why the capital is called “Delhi-Belly”?**



Dhanashree Patil  
(Newscaster)

Ref:-( dastaanjmc.wordpress.com)

## TRAVEL AND TOURISM

## EXPERIMENT WITH NATURE: COORG SCOTLAND OF INDIA

Undulating green hills with bright blue skies throughout the year, no wonder Coorg is heralded as the '**Scotland of India**'!

## TOP THINGS TO DO IN COORG:

**1.DUMBARE ELEPHANT CAMP :-**

Playing and taking care of elephants is the most fun activities in Coorg. The elephant camp in Dumbare which is one of the most famous tourist attractions in Coorg has a large herd of elephants that you can feed, bathe and ride. Located on the river bank, it's the perfect place to cool off in summer and is among the best things to do in Coorg in May.

Location: Kushalnagar, Coorg District, Nanjarayapatna

Average cost : INR 670 per person.



Dumbare elephant camp

**2. ABBEY FALLS:-**

Coorg is blessed with nature's bounty and photographing it is one of the best things to do in Coorg. The milky waterfall located in a scenic coffee and spice plantation offers a great view for that perfect Instagram photo. This is one of the most popular waterfalls in Coorg.

Location: Near Madikeri Average cost: INR 15 per person

Shriya Chavan  
(NEWSCASTER)

Ref:- ([www.traveltriangles.com](http://www.traveltriangles.com))



Abbey falls

## A TRAIL TO NATURE –MATHERAN

## INTRODUCTION:

Matheran is a hill station and a municipal council in Karjat Tahsil in the Raigad district in the Indian state of Maharashtra. Matheran is one of the smallest hill stations in India.

Matheran's proximity to many metropolitan cities makes it a weekend getaway for urban residents.

## VIEW POINTS IN MATHERAN:

There are around 38 designated look-out "points" (viewpoints) in Matheran, including the Panorama Point that provides a 360-degree view of the surrounding area and also the Neral town. Louisa Point has views of Prabal Fort. Other viewpoints include One Tree Hill Point, Heart Point, Monkey Point, Porcupine Point, and Rambagh Point.

## BEST TIME TO VISIT:

Though Matheran has a pleasant climate throughout the year, the best time to visit is between October and May.

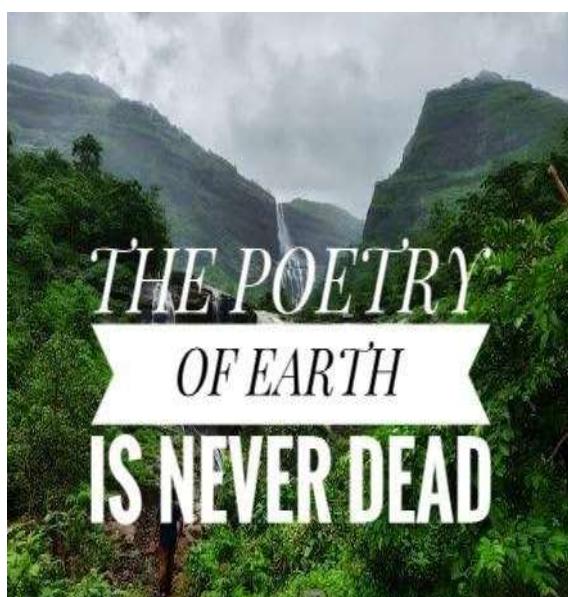
## THINGS YOU SHOULD NOT DO:

Be careful of monkeys though. Generally tourists are advised not to eat anything while walking, or carry food in bags and monkeys could snatch it away. However the monkeys generally do not harm human beings but to be on the safe side don't let your kid wander about alone.

Similar places : Karjat , Panchgani.



Dalhousie , Himachal Pradesh



Rachna Yadav  
(NEWSCASTER)

Ref:- ([Wikipedia.com](http://Wikipedia.com), [wordpress.com](http://wordpress.com))

## TRAVEL AND TOURISM

## *Little Switzerland of India*

**DALHOUSIE, HIMACHAL PRADESH :-**

The tiny tinsel town of Dalhousie is a paradise tucked away in the lap of Himachal Pradesh. It boasts of old-world charm, mesmerising natural landscapes, pine-clad valleys, flower-decked meadows, fast-flowing rivers and magnificent misty mountains.

**BEST TIME TO VISIT:** A year-round destination, Dalhousie has something to offer you in every season. The summer season in Dalhousie starts from the month of March till May and it is generally the most-preferred time when tourists from different parts of India.

**WHY ONE SHOULD VISIT DALHOUSIE**

– For the last three months it has been covered with snow and is our very own Indian answer to the most beautiful destinations on this planet. As the snow cover recedes and we step into summer, tourists are making a beeline to this heavenly abode. We look at reasons on what makes Dalhousie so popular and the first choice as a summer holiday destination for both domestic and international travelers. “Earth and sky, woods and fields, lakes and rivers, the mountain and the sea, are excellent schoolmasters, and teach some of us more than what we could learn from books.”

- John Lubbock

- Rhea Devadiga  
(Newscaster)

Ref:- ([holidify.com](http://holidify.com) , [escaperoute.com](http://escaperoute.com))



## FUN FACT

Originally Matheran was discovered by Mr. Hugh Poincy Malet – Collector Thane. Much like another hill station like Panchgani, Matheran was a peaceful place made for and by British to enjoy the pleasant climate. The development of Matheran as a hill station is done by Lord Elphinstone, the Governor of Mumbai.

It will be interesting for you to know that Matheran is India's smallest hill station that is being located in Raigad district of Maharashtra. Located on the western ghat range, Matheran is 2636 feet above sea level.

## SOCIAL ISSUES

## The unseen side of drug addiction in India

According to Indian regulators, the menace of abuse remains a growing concern.

While in Punjab almost 75 per cent of its youth are drug addicted, Youths in Mumbai and Hyderabad are becoming addicted too.

What's worrying is, the population in these cities is only growing and this could leave plenty of room for this problem to grow manifold. Drug abuse versus drug addiction: Here one leads to the other but in case of drug abuse, the user may not necessarily be addicted. But someone addicted to drugs will find ways to abuse them.

According to one report, almost 74 per cent Indian homes have one member, an adult, who is a drug addict. Kids as young as 13, even 14, are said to be turning to drugs. It starts off as an experimental thing and in most cases, turns into a dangerous habit.



### Initiatives to fight against Drug Abuse

The Delhi AIDS Control Society (DACS) suggested a plan in which more than 400 medical officers working in 260 Delhi government dispensaries and 150 specialists working in 32 Delhi government hospitals will be trained on a long-term basis at the Institute of Human Behaviour & Allied Sciences (IHBAS) as there was a scarcity of psychiatrists and trained manpower to tackle patients of drug abuse. They also advised keeping a strict check on the sale and purchase of addictive medicines available in pharmacies. The licenses of 20 shops had been cancelled in 2016 who sold such harmful drugs.

Pratik Gawande  
(NEWSCASTER)  
Ref:- ([mapsofindia.com](http://mapsofindia.com))

## SURGE IN WILD ABUSE DUE TO COVID-19 PANDEMIC

In today's world, animal abuse has been the current topic in concern in the society. Even in pandemic situation many cases were filled on animal assaults and deaths not only domestic animals even wilds lost life due to careless acts.

Kerala: Pregnant elephant dies after consuming pineapple stuffed with crackers

A pregnant elephant died after a local allegedly fed her a pineapple stuffed with crackers, in Malappuram. The incident took place on May 27 while the elephant was standing in water and forest officials said that it died standing in river Velliyar after it suffered an injury in its lower jaw.

Jyoti Vishwanath  
(NEWSCASTER)  
Ref:- ([www.ndtv.com](http://www.ndtv.com))

## India: Leopard beaten to death, its teeth and nails removed

The incident occurred in Guwahati city in the northeast Indian state of Assam. It was reported that the leopard had entered a residential colony on the outskirts of the city and it was cornered by a group of men and beaten to death before the forest department could rescue the animal. According to Indian media reports, six people have been arrested in relation to the case till now and the police are looking for the remaining accused. One video circulating online shows the locals carrying out a procession after the killing and posing with the dead leopard on camera, while lifting its carcass

It's been a really long time witnessing these cases, domestic abuse on animals and even to the wild life though laws are formed to protect and save but, in some case, it does lack behind. Pandemic has been a tough time to us and even in the animal life.

Let's make individual effort to safeguard animals that are around us may be the wild also get saved eventually and life goes in harmony.....

Jyoti Vishwanath  
(NEWSCASTER)  
Ref:- ([www.ndtv.com](http://www.ndtv.com))



# **STUDENT SECTION**

# MARVEL

# Marvel Avengers Word search Puzzle

Antman	Dr. Strange	Ironman
Black Panther	Drax	Nebula
Black Widow	Falcon	Okoye
Captain America	Gamora.	Scarlet Witch
Captain Marvel	Hawkeye	Spider-Man
Star- Lord	The Hulk	War Machine
Winter Soldier	Thor	

Jidnyasa Ptil  
(NEWSCASTER)  
Ref:- (teachingsquared)



# Riddle time

- 1) What 8 letter word can have a letter taken away and it still makes a word. Take another letter away and it still makes a word. Keep on doing that until you have one letter left. What is the word?
  - 2) The more you take, the more you leave behind. What am I?
  - 3) What has a head, a tail, is brown, and has no legs?
  - 4) David's father has three sons: Snap, Crackle, and \_\_\_\_?
  - 5) A doctor and a bus driver are both in love with the same woman, an attractive girl named Sarah. The bus driver had to go on a long bus trip that would last a week. Before he left, he gave Sarah seven apples. Why?
  - 6) What comes once in a minute, twice in a moment, but never in a thousand years

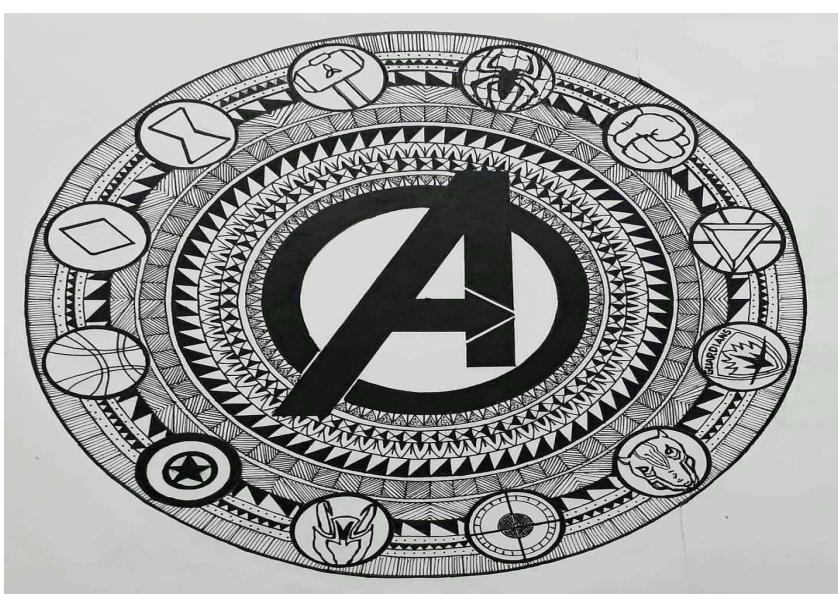
Sarthak Patil  
(NEWSCASTER)  
Ref:- (riddles.com)

# Marvel Avengers quiz

- Which of the infinity stone is hidden on vormir?
  - Which country is black panther next in line to be king of?
  - Who has directed the most MCU movies?
  - Who made Captain America's shield?
  - Which is the only Marvel film not to have a post credit scenes?
  - What is the name of Thor's hammer?
  - Who killed Tony Starks parent's?
  - Which Former doctor who companion plays cyborg assassin Nebula?
  - In which film do we finally learn the backstory behind how nick fury lost his eye?
  - What is the real name of scarlet Witch?

Jidnyaasa Ptil  
(NEWSCASTER)  
Ref:- (radiotimes.com)

## **Art by student**



Sanchita Sutar (SYBMS)

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